

Forgive & Live Week 7

What to do with Muddy Shoes

Confrontation is giving the offender the _____ to repent.

Repentance is changing the way you _____ which results in a change in _____.

Characteristics of repentance:

1. Having a _____ and _____ heart.
2. Willingness to take _____ for their own behavior.
3. Willingness not to _____ again.
4. Not out of _____.
5. Doesn't throw _____ back on the victim and doesn't _____ the victim.
6. Not out of _____ but out of _____.
7. Claims no _____ while asking _____ for a wrong done.

Restitution is an effort to _____ a wrong done.

Restitution is ultimately found at the _____.

If your offender does not _____, you can set a _____ and not let them in the house of your heart.

Every relationship needs _____ boundaries.

Rooms in the house of my heart:

1. Foyer

2. Living room
3. Dining room
4. Family room
5. Kitchen
6. Bedroom
7. Front porch
8. Sidewalk or curb

God never commands us to _____ another human being.

The only person God commands us to _____ is God Himself.

Anatomy of trust (Brene Brown)

1. B _____
2. R _____
3. A _____
4. The V _____
5. I _____
6. N _____
7. G _____

We can _____ someone in some areas but not in others.

Restoration is the _____ of a break in the relationship.

Restoration requires _____ and _____.

Restoration ideally happens when there has been _____, repentance, restitution (if possible), appropriate _____ setting and _____.

Trust building takes _____.

Discussion Questions:

1. What did you notice this past week as you did your homework of writing a letter to your offender?
2. Keeping the characteristics of repentance in mind, how well have any of your offenders repented? How well have you repented of any offenses?
3. Have you ever seen restitution? What did it look like?
4. On a scale of 0-10, (0 being not at all, 10 being boundaries all the time) how well do you set and maintain boundaries? Why might it not be healthy to be a 10 on this scale?
5. Thinking about the house of your heart, have you allowed people to be in rooms that are inappropriate for the level of earned trust? What can you do to move them into the appropriate room?
6. Have you ever thought about the fact that God doesn't command us to trust another human? How does this thought make you feel? Have you trusted blindly or felt the pressure to trust in the past? What has been the result?
7. Think about someone you have difficulty trusting. In Brene Brown's Anatomy of Trust, which part of trust is lacking in your relationship with this person?
8. Have you experienced restoration of a relationship? What happened to help restore the relationship? What's your next step to work towards restoring another relationship?