



## Forgive and Live Lite Week 3

### Step 2: Seek God's Forgiveness

Process of separating truth from a false \_\_\_\_\_.

Three things to ask forgiveness for:

1. Being part of the \_\_\_\_\_.
2. \_\_\_\_\_ wrong reactions.
3. Reactions that become \_\_\_\_\_ of behaviors. These are walls that we build around ourselves to protect from future hurt.

Confession:

1. Puts us on the same \_\_\_\_\_ as our offender.
2. Builds \_\_\_\_\_ and humility.
3. Helps us to \_\_\_\_\_ how much God has forgiven us for.
4. Produces gratitude and \_\_\_\_\_.
5. Makes it easier to \_\_\_\_\_ forgiveness to others.

Confession of sin:

1. Confess to \_\_\_\_\_.
2. Confess to the \_\_\_\_\_ you offended.
3. Ask for \_\_\_\_\_.

When we don't feel forgiven:

1. Conviction - \_\_\_\_\_ from the Holy Spirit warning us of sin.
2. Guilt - \_\_\_\_\_ from the \_\_\_\_\_ for sin already confessed.
3. Shame - identifying ourselves by our \_\_\_\_\_ instead of by our \_\_\_\_\_ with God.
4. Dissonance between the \_\_\_\_\_ self and the \_\_\_\_\_ self.
5. Lack of understanding of God's \_\_\_\_\_.

### Step 3: Become Other-Centered

Looking beyond our own \_\_\_\_\_ and into the hurts of \_\_\_\_\_.

1. As \_\_\_\_\_ and \_\_\_\_\_ are experienced through receiving God's forgiveness, we desire for others to experience \_\_\_\_\_ and \_\_\_\_\_.
2. \_\_\_\_\_ - putting ourselves in another's shoes.
3. Recognizing that we have all \_\_\_\_\_ Jesus to the cross

### HEART CHECK:

If we are not walking in \_\_\_\_\_ then we are unaware of our own \_\_\_\_\_.