

## Forgive & Live Week 1

### The Car and the Court

Consequences of unforgiveness:

- 1.
- 2.
- 3.
- 4.

What forgiveness is not:

- 1.
- 2.
- 3.
- 4.

What forgiveness is:

**Part 1:** My offender \_\_\_\_\_ me more than they can \_\_\_\_\_.

**Part 2:** Trusting God to be the \_\_\_\_\_, knowing that He is the only \_\_\_\_\_.

God's \_\_\_\_\_ on earth is always to drive us to \_\_\_\_\_.

There is a \_\_\_\_\_ judgment when we die. He is judging who will \_\_\_\_\_ for our sin.

**Part 3:** Handing the case to \_\_\_\_\_, who is the \_\_\_\_\_, debt \_\_\_\_\_ and debt \_\_\_\_\_.

**Part 4:** Walking \_\_\_\_\_.

Forgiveness is acknowledging that my offender owes me more than he/she can pay, trusting God to be the best judge, handing the case to God and walking away.

**Most important point:** Forgiveness is a \_\_\_\_\_ with God.

God never \_\_\_\_\_ us to trust another human being.

God does \_\_\_\_\_ us to trust Him, in all things.

Forgiveness is \_\_\_\_\_ an \_\_\_\_\_ and a \_\_\_\_\_.

## Discussion Questions

1. What is your name and what made you decide to do this group?
2. The speaker talked about ordinary, everyday hurts as “little foxes” that ruin the vine. What are some of your little foxes? Do you have any “big foxes?” Share those, if you feel comfortable.
3. The speaker used an analogy of riding in the car with Unforgiveness driving. Where are you in this analogy regarding the person you need to forgive? Are you in the car? Who is with you? How long have you been in the car? Have you been jumping in and out of the car?
4. How has unforgiveness affected you physically, mentally, relationally and/or spiritually?
5. What have been some of your misconceptions about forgiveness, such as forgiveness being tolerating, excusing, minimizing or forgetting?
6. Read Matthew 7:1-2. How does the picture of handing the case file to God, the Judge, help your view of forgiveness?
7. What do you think about the speaker’s statement that forgiveness is a trust issue with God? What keeps you from trusting God to be the best judge?

**Homework Activity:** Make a list of your offenders. Keep this list for future activities in this study. If you don’t feel that you have held onto unforgiveness, make a list of people you used to be in relationship with but aren’t any longer, or people you tend to avoid, or people you don’t trust.